

## Bath Bombs

1 dusk mask  
2 1/2 cups sodium bicarbonate  
1 1/4 cups citric acid crystals  
10 drops fragrance (optional)  
10 drops almond oil (optional)  
spritz bottle with water or coloured water (use a few drops of food coloring)  
mold or shape

If you have citric acid powder then start at step 2.

Step 1: Using a dusk mask (you can purchase these at your local hardware store), grind your citric acid in a coffee grinder to a fine powder,



Step 2: Sift citric acid and sodium bicarbonate into a large mixing bowl. Break up the chunks that remain and sift them into your mixture. Stir in fragrance and almond oil if using them.

You are going to lightly spritz your mixture with the water but make sure read the next bit first so you understand what is happening. Using a spritz bottle adds enough moisture, to keep the mixture from chemically reacting while allowing you to form shapes. Mix quickly with your hands in a turning/squeezing manner. You will know when it is ready to go into the mold when you grab a handful of the mixture and it holds its shape. Work quickly so that things don't dry out.

For molds that consist of two halves: add the mixture to your mold, apply pressure for a few seconds and release from the mold.

I haven't tried this recipe with self-standing molds but I'm sure you would just pack all segments tightly and then release them from their mold.

Set bath bombs on a towel to dry overnight. Continue until the rest of your product is used. Enjoy.

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